

## Start a new team!

(or compete as an individual)

We have no red tape! University recognition is *\*not\** required (but we can help you get it as it often means financial support). The TGC can assist in finding a practice facility and other gymnasts at your school. Simply click on "join/make a team" on our website and fill out the form. We will get in touch and connect you with other respondents at your school.

We are always creating new teams and working to solidify existing programs. Whether you are at a small community college or a large university, we want to help. If you just want to compete alone, that's fine too! We have many solo competitors who are the only gymnast at their school.

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